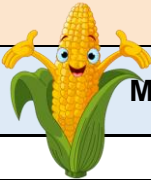

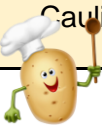



Primary Dietary Menu - Gluten free, Dairy Free, Vegan

Week 1				
Monday 	Tuesday	Wednesday	Thursday	Friday 
Main				
Meatballs in Tomato Sauce: 11 G/F & D/F (V)	Cheese & Tomato Pizza: 11 G/F & D/F (V)	Roast Turkey with Gravy G/F & D/F	Chicken Pie with Potato top G/F & D/F	Fish Fingers (Vegan available on pre-order) G/F & D/F
Vegetarian Main				
Vegetable Sweet & Sour :11 G/F & D/F (V)	Sausage Roll: 3 G/F & D/F	Vegetable Bolognese:11 G/F & D/F (V)	Penne Pasta in Tomato & Herb Sauce:11 G/F & D/F (V)	Veggie Burger :11 G/F & D/F (V)
Served with				
Rice Cauliflower, Green Beans 	Wedges Baked Beans, Sweetcorn	Roast Potatoes Carrots, Peas	Herby Potatoes Broccoli, Cauliflower	Chips / Baked Beans Peas
Jacket Potato				
Tuna Mayo 4,3,7 Beans (V) / Cheese 2	Tuna Mayo 4,3,7 Beans (V) / Cheese 2	Tuna Mayo 4,3,7 Beans (V) / Cheese 2	Tuna Mayo 4,3,7 Beans (V) / Cheese 2	Tuna Mayo 4,3,7 Beans (V) / Cheese 2 
Pudding				
Cherry Shortbread :11 G/F & DF (V)	Vanilla Mousse :9, 11 G/F & D/F (V)	Lemon Sponge: 3 G/F & D/F	Cookie: 11 G/F & D/F (V)	Fresh Fruit Salad:11 G/F & D/F (V)

KEY - Any Dietary requirements please contact the kitchen

1	Contains Celery	3	Contains Eggs	5	Contains Gluten	7	Contains Mustard	9	Contains Soya	11	Vegan
2	Contains Dairy	4	Contains Fish	6	Suitable for Gluten Free	8	Contains Onion	10	Contains Sulphates	12	Vegetarian



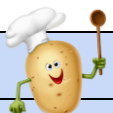



Week 2											
Monday		Tuesday		Wednesday		Thursday		Friday			
Main											
Tuna Pasta Bake :4 G/F & D/F		Chicken Goujons G/F & D/F		Roast Pork with Gravy G/F & D/F		Beef Burger in a Bap :11,3,10 G/F & D/F		Fish Fingers (Vegan available on pre-order) G/F & D/F			
Vegetarian Main											
Chilli Bean Quesadillas :11 G/F & DF (V)		Cheese & Tomato Pinwheels G/F & D/F (V)		Cauliflower Cheese:11 G/F & D/F (V)		Vegan Meatballs in Tomato Sauce :9 G/F & D/F (V)		Vegetarian Sausage: 9 G/F & D/F (V)			
Served with											
Garlic Bread, Sweetcorn G/F & DF (V)		Wedges Baked Beans, Sweetcorn		Roast Potatoes Carrots, Cabbage		Herb Diced Potatoes Green Beans, Peas		Chips Baked Beans, Peas			
Jacket Potato											
Tuna Mayo 4,3,7 Beans (V) / Cheese 2		Tuna Mayo 4,3,7 Beans (V) / Cheese 2		Tuna Mayo 4,3,7 Beans (V) / Cheese 2		Tuna Mayo 4,3,7 Beans (V) / Cheese 2		Tuna Mayo 4,3,7 Beans (V) / Cheese 2			
Pudding											



Chocolate Mousse: 9 G/F & D/F (V)	Fruit Jelly G/F & D/F (V)	Apple Sponge: 3 G/F & D/F	Cookie: 11 G/F & D/F (V)	Vanilla Mousse: 9, 11 G/F & D/F (V)
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Week 3

 Monday	Tuesday	Wednesday	Thursday	Friday 
Main				
Macaroni Cheese G/F & D/F (V)	Brunch Bacon, Sausage :9 G/F & D/F	Roast Chicken with Gravy: G/F & D/F	Beef Bolognaise G/F & D/F	Fish Fingers (Vegan available on pre-order) G/F & D/F
Vegetarian Main				
Vegetable Mousaka :11 G/F & D/F (V)	Quorn fajita :11 G/F & D/F (V)	Garden Pie :11 G/F & D/F (V)	Ratatouille:11 G/F & D/F (V)	Bean Chilli:11 G/F & D/F (V)
Served with				
Garlic Bread G/F & D/F (V) Peas, Sweetcorn	Hash Brown Baked Beans, Mushrooms	Roast Potatoes Carrots, Broccoli	Pasta G/F & D/F (V) Broccoli, Green Beans	Chips Baked Beans, Peas
Jacket Potato 				
Tuna Mayo 4,3,7 Beans (V) / Cheese 2	Tuna Mayo 4,3,7 Beans (V) / Cheese 2	Tuna Mayo 4,3,7 Beans (V) / Cheese 2	Tuna Mayo 4,3,7 Beans (V) / Cheese 2	Tuna Mayo 4,3,7 Beans (V) / Cheese 2
Pudding 				
Fruit Crumble: 11 G/F & D/F (V)	Chocolate Mousse: 9 G/F & D/F (V)	Chocolate Sponge:3 G/F & D/F	Cookie: 11 G/F & D/F (V)	Fruit Salad:11 G/F & D/F (V)

KEY - Any Dietary requirements please contact the kitchen

1	Contains Celery	3	Contains Eggs	5	Contains Gluten	7	Contains Mustard	9	Contains Soya	11	Vegan
2	Contains Dairy	4	Contains Fish	6	Suitable for Gluten Free	8	Contains Onion	10	Contains Sulphates	12	Vegetarian

