

HIGH LITTLETON CHURCH OF ENGLAND PRIMARY SCHOOL
PSHE (Jigsaw) MEDIUM TERM PLAN TERM 6 2024 - 2025

Changing Me

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
Owl (R)	My body	Respecting my body	Growing up	Funs and Fears (1)	Funs & Fears (2)	Celebrations
Hedgehog (Y1)	Life Cycles	Changing Me	My Changing Body	Boys' and Girls' Bodies	Learning and Growing	Coping with Changes
Fox (Y2)	Life Cycles in Nature	Growing from Young to Old	The Changing Me	Boys' and Girls' Bodies	Assertiveness	Looking Ahead
Badger (Y3)	How Babies Grow	Babies	Outside Body changes	Inside Body Changes	Family Stereotypes	Looking Ahead
Otter (Y4)	Unique Me	Having a baby	Girls and Puberty	Circles of Change	Accepting change	Looking Ahead
Robin (Y5)	Self and Body Image	Puberty for Girls	Puberty for Boys	Conception	Looking Ahead	Looking Ahead to Year 6
Deer (Y6)	Self and Body Image	Puberty	Girl Talk/Boy Talk	Babies - Conception to Birth	Attraction	Transition to secondary school