

St Dunstan's School Strategic Plan for Whole School Mental Health Needs 2024 - 2027

	Action	When	Who	Success criteria	Resources	Monitoring Who?How?
Leadership and management	Positive Mental Health Training for staff	Sept '24	SLT	Staff are aware of the positive attributes of Mental Health and Well being awareness.	Twilight/ INSET time	AH NWA
	Mental Health Updates from National Institute to HOF's and Pastoral Team (Newsletters, relevant termly Mental Health information in notices)	Sept '24 - July '25	SMHL	Updated information is delivered to students through regular communication with staff.	SMHL time	AH NWA
Ethos and Environment	New specific Mental Health areas for displays including new updates and relevant points of contact (by sick bay, toilet doors and bathrooms)	Feb '25	SMHL	All pupils are aware where the new Mental Health displays are.	SMHL	AH NWA
	A series of assemblies (During Mental Health Month) with a specific Mental Health view linked to subjects - PE, Food, Drama etc particularly KSt4 via Assembly timetable	Sept '24	SMHL	Students have clear ideas about the effects clubs etc have on their positive mental health	SMHL	AH NWA

Curriculum and PSHE	Positive Mental Health events - Millfield Positive Mental Health day Year 9, Collapsed timetable day	March '25	SMHL	Year 9 day approved and in the diary from 2024	Staff and Host school	AH NWA, SMHL and Heads of KSs
	PSHE curriculum - Regular updates across the schemes, monitored and reviewed in line with any new MH information	Feb '25	NWA	Tutor time programme in line with MH calendar	PSHE lead time	PSHE lead NWA
	Tutor time (Pastoral) Tutor assembly programme	Sept '24	NWA	Embedded into the tutor programme and assembly calendar	Pastoral curriculum	NWA and SMHL
Identifying need and monitoring impact	Student survey by Easter 2025 then assessment of key factors that need to be addressed with Pastoral Lead to begin implementation of monitoring (eg small group support/one to one/ Elsa, external agencies etc)	March '25	SMHL	Survey is completed and evaluated with SMART tasks developed and initiated	Class time Pastoral team time	SMHL, Elsa, Safeguarding Lead, pastoral team, SENDCO and DSL
	All support to be recorded in central intervention log for the purpose of analysing impact and any areas for more intervention	Reviewed daily and updated Sep 2024	SMHL, NWA, PBA, KHA	Interventions are mapped to vulnerable children who require support	DSL, SMHL and pastoral time	
Targeted support and appropriate referrals	SMHL will attend local schools to communicate with mental health leads to develop more of an understanding of the cohesive Trust Wide approach to Mental Health and ascertain what local support services are available	July '25	SMHL	SL for MH has an improved understanding of Trust Wide Mental Health focus and begun to develop a relationship with other SMHL and local providers Monitoring pupil development through central intervention log	SMHL - time	SMHL and SLT

	Small working support groups for students needing MH/behavioural/friendship support (Strength Spotting, Restorative and processing) Group restorations as and when required Individual one to one when required	Ongoing	JPU JCO, Elsa, CAMS, School Nurse			AH NWA
Staff Development	Staff wellbeing training	Easter '25	SLT, SMHL	Positive Staff recognition through small gifts/time etc. and more staff support activities organised	SLT and staff cover	SMHL and Pastoral Team
	Friday Shout Out	Ongoing	ARI			
	Monthly hamper	Ongoing	ARI		Budget for small and regulated Staff gifts	Voluntary staff group (LL, JPU, AKE) (JMA/KGR)
	Staff symposium	Weekly	ARI			
	Staff wellbeing survey	Easter '25	Trust			
	Staff wellbeing trips and activities	Nov '24	KGR	Longleat, Christmas party, Book Club		SLT
Working with parents/carers	Positive Mental table for Parents Evening including take away information	Feb '25	SMHL	Resources for parents to takeaway	Pastoral team time (possible cover costs)	SLT
	Focused meetings with parents/carers of small group students	Sept '24 - March '25	SMHL/ NWA			
Student voice	Student council monthly meetings "You said, we did".	Jan '25 - July '25	NWA	Students feel they can share their opinions and staff support them with discussion and actions	Student council meeting template	NWA
	Build actions of the meeting into the Tutor Programme	Feb '25 - July '25	NWA	Students feel empowered to share concerns with their tutors	PPT for tutors to go through	

This is a working document where dates and calendar relevant tasks will be confirmed in line with SLT and School Calender.