Improving People's Lives

June 2024

Dear Parents and Carers,

CHILDREN & YOUNG PEOPLE HEALTH & WELLBEING SURVEY - Year 4 and Year 6

All schools in Bath & North East Somerset (B&NES) are once again taking part in a very important **<u>confidential</u>** pupil health and wellbeing survey. This is something that has been taking place in B&NES for over 10 years.

It is supported by the Local Authority and funded by <u>St John's Foundation</u>. For the Council it provides a reliable source of general information that can help plan services for children. For the school, the data can help us review what we are providing to ensure we meet the needs of our students. It acts as a:

- Starting point for discussion in classroom activities
- Guide in the choice of resources we use
- Prompt for appropriate timing and content of courses, e.g. in PE & PSHE
- Starting point for discussions between parents / carers and the school

The survey method has been developed by the <u>Schools Health Education Unit</u>, Exeter and has been in use now for over 30 years. Over 3000 schools across the UK have used the survey, many of them like B&NES regularly repeating it.

The questions concern a wide range of health behaviours depending on the age of the child, for example:

- School life
 Exercise and activity
 Emotional health & well-being,
- Leisure
- Healthy eating
 - Home & family

Each questionnaire is anonymous and confidential, and no child will be identified when the data is returned. Data protection concerns are covered in the Privacy Notice provided and explained to children, which can be found below.

I hope you will agree with us that this is an important exercise. We will assume that you give approval for your child to take part, however if you wish to withdraw your child/s participation please contact the school office to inform them. A copy of the questionnaire is held in the school office, and if you would like to examine it you are welcome to do so by appointment.

The survey will be carried out in the next month.

Yours sincerely,

The Headteacher working with Bath and North East Somerset Public Health Team <u>Public health@bathnes.gov.uk</u>

Privacy Notice – school surveys

1. Who are you?

We are a research unit in South-West England. We have been asked by the school or the Council to help collect information from young people. <u>www.sheu.org.uk</u>

2. What will I be asked?

You will be asked about your habits and feelings, and other important things about you.

You will not be asked for your name or address, and please don't tell us!

3. Why do you want to know this?

The reports are used to plan lessons and services for young people, and to see what has changed since the last survey.

The school will see if your lessons fit in with what you and other young people tell us. We want to be sure what we are doing is right.

4. How will you use my information?

We will send reports to schools and the Council, showing them how many pupils gave different answers. The reports might say things like:

• 30% of pupils in this school had cereal for breakfast, but in the whole County the figure was 40%



5. How will you collect this information?

We are going to ask you questions in a questionnaire, on a website or in a printed booklet.

6. How do you keep this information?

Your answers will be kept safe on our computers. We keep records for many years, so that we can see how young people's lives are changing.

7. Are you allowed to do this? ('legal basis for processing')

The Council is allowed to collect information to help it plan and monitor things it does to support young people's education, health and wellbeing – the sorts of things it has to do ('legal functions' and 'public interest').

SHEU is allowed to use information to produce its reports as long as no-one can tell what answers you gave ('legitimate interests').

8. Who gets to see the information?

9. What's next?

Only staff from SHEU and from the Council who need to see the information to do their job are allowed to see your answers. They won't show your answers to anyone else. Everyone else sees only percentages. No-one in your school sees your answers.

BUT if you tell us something that makes us think you are in danger, we will have to tell your school that someone has said it, even if we can't find out who you are.

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If you agree with all this, please tick the box at the start of the survey. If not, don't take part.

You can leave out any questions you don't want to answer, and you can stop at any time.

Later, if you want to see what we know about you, you can ask, and you can tell us to delete it. But remember, we might not be able to find your answers.







