




















































































































































**Week 1**

		<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Main Course</b>	1	Chicken Korma and Rice  	Beef Lasagne with French stick   	Roast Pork, Potatoes & Gravy 	Cheese & Tomato Pizza with wedges     (  /  Pre-order)	Breaded Fish  or Chicken Burger   and Chips (  Pre-order)
	2	Veggie Chilli and Rice    	Spinach and Mushroom Risotto   (  Pre-order)	Mediterranean Crumble  (  Pre-order)	Cauliflower Cheese   	Spring Veg Frittata    
<b>Vegetable Choices</b>		Selection of Vegetables	Selection of Vegetables	Selection of Vegetables	Selection of Vegetables	Selection of Vegetables
<b>Jacket Potatoes</b>	3	Jacket potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes
<b>Fillings Please choose one choice</b>		Cheese/Tuna/Beans	Cheese/Tuna/Beans	Cheese/Tuna/Beans	Cheese/Tuna/Beans	Cheese/Tuna/Beans
<b>Dessert</b>		Aussie Crunch 	Pancakes with Summer berries  	Cherry and Apple Pie and Custard  	Gingerbread Sponge with lemon icing  	Strawberry Trifle  
<b>Snack Bar</b>		Panini  	Panini  	Panini  	Panini  	Panini  
<b>Pasta Bar</b>		Tomato & Basil 	Chicken Korma  or Pomodoro 	Tomato Basil 	Veggie Chilli  or Tomato & Pesto 	Carbonara  or Spicy Beans 

**Week 2**













		<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Main Course</b>	1	Beef Chilli with Rice 	Sausage Roll with new potatoes  	Roast Chicken, Potatoes & Gravy  Stuffing 	Ham And Pineapple Pizza with wedges    (  /  Pre-order)	Fish Fingers   or Chicken Goujons with Chips   (  Pre-order)
	2	Quorn balls, Salsa sauce and rice  	Cottage Garden pie  	Goats Cheese and Red onion Tarts    	Creamy Veg Bake   	Veggie Burger   
<b>Vegetable Choices</b>		Selection of Vegetables	Selection of Vegetables	Selection of Vegetables	Selection of Vegetables	Selection of Vegetables
<b>Jacket Potatoes</b>	3	Jacket potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes
<b>Fillings please choose one choice</b>		Cheese/Tuna/Beans	Cheese/Tuna/Beans	Cheese/Tuna/Beans	Cheese/Tuna/Beans	Cheese/Tuna/Beans
<b>Dessert</b>		Cherry Shortbread 	Berry Crunch with Creme fraise  	Date and Cocoa Brownie    	Jam Sponge and Custard  	Cookies  
<b>Snack Bar</b>		Panini  	Panini  	Panini  	Panini  	Panini  
<b>Pasta Bar</b>		Tomato & Basil 	Beef Chilli or Spicy Salsa 	Tomato & Basil 	Chicken Tikka  or Tomato and Pesto 	Cheesy ham sauce  or Spicy Beans 

**Week 3**

		<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Main Course</b>	1	BBQ Meatballs with Rice 	Chicken and Sweetcorn pie with new potatoes 	Roast Turkey, Potatoes & Gravy 	Pepperoni Pizza with wedges 	Breaded Cod  or Beef Burger with Chips 
	2	Squash and Apple Curry 	Stuffed Peppers 	Cheese and Onion Quiche 	Falafel Wrap   (  Pre-order)	Veggie Kebab with Sweet Chilli Sauce 
<b>Vegetable Choices</b>		Selection of Vegetables	Selection of Vegetables	Selection of Vegetables	Selection of Vegetables	Selection of Vegetables
<b>Jacket Potatoes</b>	3	Jacket potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes
<b>Fillings Please choose one choice</b>		Cheese/Tuna/Beans	Cheese/Tuna/Beans	Cheese/Tuna/Beans	Cheese/Tuna/Beans	Cheese/Tuna/Beans
<b>Dessert</b>		Apricot Flapjack 	Sticky Apple Buns 	Carrot Cake 	Apple Crumble and Custard 	White Chocolate Cheesecake 
<b>Snack Bar</b>		Panini 	Panini 	Panini 	Panini 	Panini 
<b>Pasta Bar</b>		Tomato & Basil 	Sweet Chilli Chicken or Tomato and Pesto 	Tomato & Basil 	Turkey Korma  or Pomodoro 	BBQ Meatballs   or Spicy Beans 

**KEY**

Any Dietary requirements please contact the kitchen

	Contains Celery		Contains Mustard
	Contains Dairy		Contains Onion
	Contains Eggs		Contains Soya
	Contains Fish		Contains Sulphates
	Contains Gluten		Vegan
	Suitable for Gluten Free		Vegetarian